



Plyometric Box

Space saving stackable plyo boxes made of welded steel and topped with a 3/8" heavy duty rubber mat. Designed to be wider at the base for better stability. Ideal for leg strength and explosive speed. Powder coated black for long lasting durability.

STPB6 6" (Not Pictured) UPS 14 lbs
STPB12 12" UPS 21 lbs
STPB18 18" UPS 26 lbs
STPB24 24" UPS 30 lbs. Ships Dimensional
STPB30 30" UPS 34 lbs. Ships Dimensional
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Sheet Sled

This 33 lb. Sheet Sled is

the perfect workout assistant for resistance training. Sled safely holds weighted plates for additional resistance. Shoulder/waist belt fully adjustable for most athletes. Powder coated black.

SSS UPS 34 lbs. Ships Dimensional.....STUNSH Universal Shoulder Harness UPS 5 lbs.....

2" Saucer Cone

Colorful, inexpensive field markers. Great plyometric training devices. Carrier available. Can be used on any surface.

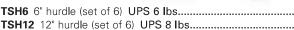
SC2-BL Blue; set of 12
UPS 3 lb
SC2-OR Orange; set of 12
UPS 3 lb
SC2-WH White; set of 12
UPS 3 lb
SC2-YEL Yellow; set of 12
UPS 3 lb
SC2-COMBO Multiple colors;
set of 48; includes metal carrier
UPS 8 lbs





Step Training Hurdle

The step hurdle is a must for any training program. Perfect for agility drills, plyometric drills and jumping drills. One piece PVC construction makes this the best step hurdle on the market. Sold in sets of 6. 2 sizes available.





Flat Rung Agility Squares

This ladder offers the best training environment of any ladder on the market. Great for indoor and outdoor use. The plastic flat rungs will stay in place even in high winds. Flat rungs also reduce opportunities for ankle injuries. Ladder rungs adjustable for different stride lengths. Comes in (2) 15' sections that can be connected to make one long ladder, or laid side-by-side.

STASFRA Each; adjustable UPS 10 lbs.....

PHYS ED

VOLLEYBALL



Strap Rung **Agility Squares**

Quick footwork for inside and out. Four corners easily tie down. Use as one single ladder or attach side by side for different drills. Clip is midway down ladder to allow for side to side squares or other configurations. 10 yards long. 18" rungs

every 17". STASSTR UPS 3 lbs.



Double Man **Overspeed Trainer**

This overspeed training device is the safest overspeed trainer you will find. By attaching this device to 2 runners you can overspeed the runner in back with comfort and security. The back runner allows the front runner to stretch the elastic up to 3 times its length. This then allows the back runner to be pulled forward with the help of the elastic. 20' safety sleeve elastic with 2 swivel belts and stretches to 60'.

STDOT UPS 6 lbs.

Single Man Overspeed Trainer

Single person overspeed training device. Athlete is attached to anchor and the anchor is attached to a secure object. In order to create resistance the athlete prepares by moving away from the point of anchor. The added resistance pulls the athlete faster forcing the athlete's stride to lengthen and pace to quicken. After the overspeed training device has performed its role, the athlete pulls the quick release strap, and the device separates from him/ her. The athlete then tries to maintain that speed and stride beyond the point of



anchor. This trainer is 30' long and stretches to 90'.

STSOT UPS 7 lbs.

"Safety Sleeve"

• Running •

The "Safety Sleeve" technology system is used on our overspeed training aids for safety and performance. The elastic cord is encased in a heavy webbing to ensure a safe workout. You will find this system on the following products: STDOT, STSOT, STA105, and STA150.



Accelerator 105

Great for keeping athletes low out of the start. Perfect acceleration training aid. The 10' safety sleeve elastic can stretch to 30'. Works both forward and backward. Comes in either 105 to 149 lbs. or 150 lbs. and up. Includes Slastix, one universal harness, and one anchor. Ideal for all athletes.

STA105 105-149 UPS 5 lbs. STA150 150 and up UPS 5 lbs.

Resistance Trainer

Simply attach handle/strap assembly to shoulder harness and hold on. This allows the runner the most realistic resistance while running. 10' long strap with no pinch 10" handle connected by durable clip to a universal, fully adjustable padded shoulder harness.

STRT UPS 1 lb..







Tandem Tow

This training aid allows both athletes to run together. Back runner holds back front runner. Athletes can at any time quickly spin around and switch

roles going back the other way. 10' long strap with large 3" wide loops at each end.

STTT UPS 3 lbs.

Sprint Chute

The sprint chute lets you do a full line of exercises, improving acceleration, top speed, strength building and technique. We offer 3 sizes 40",

48" and 60".
TPC40 40"
UPS 2 lbs
TPC48 48"
UPS 2 lbs
TPC60 60"
UPS 2 lbs



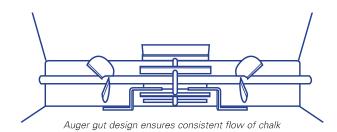
THE BEST LINERS FOR YOUR PURPOSE AND YOUR BUDGET.

All Stackhouse four-wheel liners (except LPFP50) use a heavy duty, 20 gauge steel body with an attractive powder coated blue finish. The liner body has been designed so that its wedge shape ensures a constant flow of chalk to the bottom of the liner. Our liner gut, which is driven by the liner wheels, has an auger at each end that forces the chalk into a six-bar expulsion wheel which ensures a consistent flow of chalk. A fingertip control allows you to adjust the

thickness of your line and control shut-off of chalk. The liners ride on rubber diamond-tread wheels that use steel hubs and bearings for minimum rolling resistance. The liners offer both a 2" and 4" line for baseball, football, and soccer fields. These features, combined with the 5 models we offer, allow you to pick the best liner for your purpose - within your budget.



ON ALL STACKHOUSE LINERS







A. Line Ranger 50 This heavy duty, 50 lb. BEST SELLER!

capacity liner is ideal for lining multiple baseball fields. 10" pneumatic wheels give a smooth rolling ride for easy field lining. 2" to 4" line. Powder coated.

LR50 UPS 54 lbs. Ships Dimensional.....

B. Genie 50

Our most popular liner!

BEST SELLER!

This 50-pound capacity liner rides on four 8" wheels. This liner is designed for the school on a budget and offers all the quality and durability of the bigger liners. Ideal for football and baseball fields. 2" to 4" line. Powder coated.

LG50 UPS 58 lbs. Ships Dimensional





C. LTW-25 Liner Our most popular baseball

BEST SELLER!

field liner! This economy-priced liner with its 25-pound capacity, 2" line, and fingertip shut-off and flow control has long been the favorite of baseball coaches. Its 25-pound capacity lets you line a baseball diamond with one filling of chalk. The LTW-25 rides on two 8" wheels and will give years of trouble-free service. Powder coated.

LTW25 UPS 25 lbs.....

D. Roustabout 200

BEST SELLER!

Every school needs this liner for line touch-ups and small jobs of baseball baselines, track and field events, tennis, parking lots and physical education play fields. Rides on two 6" wheels and has 2" line. The 10 to 15-pound chalk capacity can produce a 200 yard line. Powder coated.

LRB200 UPS 12 lbs.....

Spray Liner

This lightweight portable aerosol applicator saves time and labor. Athletic fields can be striped and decorated with ease. Create crisp, sharp stripes in widths from 2" to 4". 10" wheels. Holds 12 extra cans. Powder coated.

LSSL UPS 20 lbs. Ships Dimensional.....

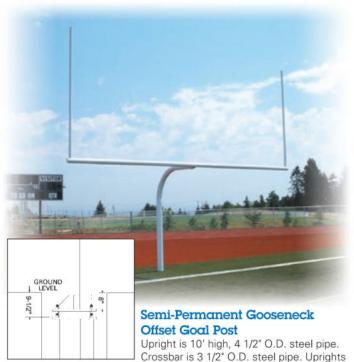




Economy Spray Liner

For touch-ups and small jobs. Easy to use liner gives excellent results with little cost.

LSE UPS 3 lbs.....



are 2 1/4" O.D. Semi-permanent goal allows you to remove gooseneck from ground sleeve for multiple use fields. (See insert photo). All steel goalposts have 5' offset. Upright is cemented into ground for permanent installations. Powder Coated.

FGNGP20 Pair; college 18'6" crossbar; 20' aluminum top uprights

Class 70, 1053 lbs

FGNGPH Pair; high school 23'4" crossbar; 10' steel top uprights

- Class 70, 1365 lbs

FGOAL-20 20' aluminum uprights - Class 70; 100 lbs...

Permanent Gooseneck Goal Post

FPGHS Pair; high school 23'4" crossbar, 10' steel top uprights

Class 70, 1050 lbs.....

FPGC Pair; college 18'6" crossbar, 20' aluminum top uprights

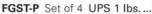
Class 70, 800 lbs

FGOAL-20 20' aluminum uprights - Class 70; 100 lbs..

FGOAL-YW Yellow paint goal post option

Wind Directional Flags

Made of durable, UV resistant, bright orange material. These 3" x 42" wind flags can be seen clearly from every direction. Brass grommet on one end of flag for easy attachment to top of upright.







Football Corner Pylons

Orange vinyl covered foam mounted on a spring shaft. Removable from a ground cup. Superior to a corner flag for accuracy and safety.

FCP Set of 4 UPS 6 lbs......

Weighted Football Corner Pylons

Self standing, no ground sleeves, superior safety. Vinyl cover over foam weighted bottom. Suitable for winds up to 25 mph.

FCPW Set of 4 UPS 14 lbs.

NOW 8' OFFSET OPTION

Aluminum Gooseneck Goal Post

Quality aluminum; 5 1/2" gooseneck, 4" crossbar, 2 1/2" uprights. An excellent choice for a new field or to modernize your old field. We offer both college 18'6" width and the high school 23'4" width. Uses a ground sleeve so that goal may be removed from field. Powder coated.



FGPH-AL High school; 23'4" crossbar (standard offset 6') 20' Aluminum top uprights - Class 70, 750 lbs....... F8GPH-AL High school; 23'4" crossbar (8' offset); 20' Aluminum top uprights - Class 70, 770 lbs......... FGP20-AL College; 18'6" crossbar (standard 6' offset); 20' Aluminum top uprights - Class 70, 735 lbs........ F8GP20-AL College; 18'6" crossbar; (8' offset) Class 70, 755 lbs FGOAL-YW Yellow paint goal post option

Football/Soccer Combination Goal

Goals made with a 2" x 4" face and have 10' x 2" uprights. Goal opening is 24' x 8'. Face of goals mounted 4' into ground for better security and strength. Backstays for soccer made of 1 3/8" steel pipe. All steel construction and brilliant white finish give this combo goal the long lasting durability you need. Powder coated.



FSCG Pair - Class 70, 750 lbs.....

Formed Goal Post Pads

Form-fitting goal post pad takes natural shape of goal post. Reinforced 18 oz. vinyl combined with high density 3" foam and velcro attachment make this 6' pad one of the best. (Up to 6" post).

FGP-4 Pair UPS (2) at 20 lbs, each Ships Dimensional.....

Goal Post Pads

Reinforced 18 oz. vinyl covering filled with thick, high-density 2" foam, uses velcro belt for attachment. 6' tall. (4" - 6" post).

FGPP Pair UPS (2) at 20 lbs, each Ships Dimensional.....

Silk Screen 6" to 10" Letters

WPL Per letter





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BASEBALL



Triple Threat Football Sled

(Lineman drills - Running back drills - Receiver drills)

- Modular design -1 to 7 stations.
- Body style pads For realistic control.
- Pad height adjustment Up to 6".
- Spring loaded pad For recoil action.
- Durable black powder coat finish.





The "Stack Powerhouse 90" Football Sled

Develop tackling, blocking, hit-and-spin drills, and pass protection. Builds upper and lower body strength. Modular design lets you move stations for various drills and allows the addition of stations at a later date.

FSP2	2 man	4	Class	85,	225 lbs	
FSP3	3 man	4	Class	85,	400 lbs	
FSP4	4 man	4	Class	85,	515 lbs	

FSP5	5	man	-	Class	85,	630	lbs
FSP6	6	man	-	Class	85,	755	lbs
FSP7	7	man	-	Class	85,	870	lbs
							•



Sideline Markers

Deluxe sideline marker has foam-filled sides. Bright gold plastic-coated nylon cover. Sunproof, fadeproof, and waterproof, with black numerals. Dresses up the field and is very practical.

FDSM Set of 11 UPS 21 lbs.....

Sideline Markers (Weighted)

Eleven shot weighted base markers. Nylon reinforced vinyl with pliable, foam-filled sides help prevent injury. Fold flat for storage. 10" high white numbers on bright red background. Two markers for each yardline and one fifty-yard line marker.

FSM11 Set of 11 UPS 48 lbs. Ships Dimensional.....



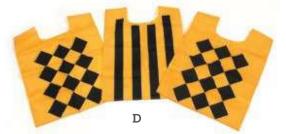
l Man Sled

Designed for tackle, take down, and blocking, and for both offensive and defensive lineman drills. The best one-on-one machine around! Teaches the player to position himself naturally for the tackle.

F1MAN ≠ Class 85 280 lbs.....

Optional Football Vinyl Colors Available on page 47









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A. Lineman Chain Set

vinyl with bright fluorescent banners. A great accessory for the home field. Set includes 2 padded chain poles with foam headers, 10 yards chain and 1 flip-over down indicator with padded upright.

FLCS UPS 2 pkgs. (1) 9 lbs., (1) 16 lbs.

Ships Dimensional.....

Down Indicator Only

FDI 6' 10" tall UPS 9 lbs. Ships Dimensional.....

B. Chain Set Only

FCS 7' 8" tall. UPS 16 lbs. Ships Dimensional.....

C. First Down Arrow

Bright orange vinyl, 38" long by 10" wide and weighted for windy FDA UPS 2 lbs.

D. Linesman Vests

Set of 3 nylon vests with adjustable velcro closure. Bright gold with black markings. Two for chain set with black diamonds, one for down box with black stripes.

FDV3 Set of 3 UPS 2 lbs.

E. Football Stencil Kits

Numbered stencils constructed of flexible polyethylene plastic sheeting. Easy clean up! When paint dries, it simply flakes off.

LFC 3' football marking kit: 0-5 & G

UPS 19 lbs. Ships Dimensional

LFC6 6' football marking kit: 0-5 & G plus arrow

UPS 23 lbs. Ships Dimensional

LFCH 5 yd football hashmark stencil kit with 4 hashmarks UPS 10 lbs. Ships Dimensional

BASEBALL



Training

F. Standard Dummy

F

Long lasting, one piece foam core. Super tough nylon reinforced vinyl covering. Handles at top and bottom.

FSTD 12" square, 50" high, red	
UPS 7 lbs. Ships Dimensional	
Of 3 7 lbs. Ships Difficulting	
FSTDBL 12" square, 50" high, blue	
UPS 7 lbs. Ships Dimensional	

G. Roundhouse Dummy

Core constructed of compressed urethane foam. Covering is 18 oz. vinyl coated nylon. Three handles at top. Reinforced bottom.

FRD 50" high, 16" diameter, red	
UPS 10 lbs. Ships Dimensional	
FRDBL 50" high, 16" diameter, blue UPS 10 lbs. Ships Dimensional	

H. Professional Quality Dummy

Firm one piece urethane foam core. Super tough 18 oz. vinyl coated nylon covering. Handles at top and bottom for reversing ends.

FPQD 14" square, 50" high, red
UPS 12 lbs. Ships Dimensional
FPQDBL 14" square, 50" high, blue
UPS 12 lbs. Ships Dimensional
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Oregon Linebacker Shield

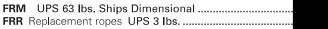
One of the most popular shields made! This 18" wide by 25" high by 4" thick shield uses a heavy duty 18 oz. vinyl over a dense urethane foam. Excellent for developing blocking techniques.

FOS red UPS 5 lbs
FOSBL blue UPS 5 lbs
-



High Step Running Maze

The best training aid around! The 1" galvanized steel frame adds strength and weather resistance. All elastic cross ropes are hooked on both ends for quick, easy set-up and take-down and will not entangle falling runner. 18' long by 5' wide.





Pro Kicking Holder

- · Aluminum/steel construction for balance.
- · Powder coat finish.
- · Folds and unfolds for easy use.

FPKH UPS 2 lbs.....

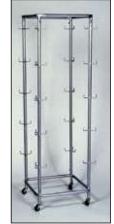


Shoulder Pad Cart

Store either 60 or 100 shoulder pads, depending on which cart you choose. Both carts use four non-marking casters for transport. Folding pull handle makes this cart the easiest cart to use on the market. 60 pad cart measures 24" x 48" x 60" tall. 100 pad cart measures 24" x 48" x 82" tall.

FSR6 60 pad cart UPS 2 pkgs: (1) 30 lbs, (1) 26 lbs, Ships Dimensional.....

FSR1 100 pad cart UPS 2 pkgs: (1) 30 lbs, (1) 37 lbs, Ships Dimensional.....



Helmet Rack

Steel constructed helmet rack holds up to 60 helmets at one time. With the frame at 70" tall by 20" square, this rack fits through most any doorway fully loaded. 4 swivel casters mounted on the bottom make for easy transport and mobility. Breaks down to ship.

FHR UPS 2 pkgs: (1) at 21 lbs, (1) 27 lbs, Ships Dimensional.....



All steel 1" construction gives this kicking net the durability and strength it needs to hold up to even the strongest kicker. Breaks down to 5 pieces for easy storage and transportation. Comes with long-lasting nylon net.

FKN UPS 32 lbs. Ships Dimensional

